



ESTABLISHED 1990
truffles
INSPIRED CATERING

MENU

Complete Lunch and Dinner Entrées

- Phone lines are open 9:30 am–3:30 pm, Monday–Friday.
- Orders made by 2 pm will be delivered on the next scheduled delivery day (Tuesdays & Fridays) between 1-4 pm, based on availability.
- There will be a delivery fee of \$10 for orders below \$40. Any order above \$40 will have the delivery fee waived.
- All delivery orders must be made by phone and paid for in advance.
- All meals are ready-to-heat and come with instructions on how to do so

From Our Kitchen to Yours

Doorstep delivery, ready to heat with instructions

Vegetarian & Vegan Selections

House Made Falafel

VEGETARIAN

Grilled vegetables, tzatziki, crumbled feta, naan
..... **\$8.50 per portion**

Tofu Paneer

GLUTEN FREE (EXCEPT NAAN), VEGAN, FREEZER FRIENDLY

Roasted tomato curry sauce, basmati rice, mango chutney and toasted naan
..... **\$7 per portion**

Vegetable Lasagna

VEGETARIAN, FREEZER FRIENDLY

Grilled vegetables, spinach ricotta & mozzarella, served with garlic & herb toasted baguette
..... **\$7 per portion**

Comfort Food

Butter Chicken

GLUTEN FREE (EXCEPT NAAN), DAIRY FREE, FREEZER FRIENDLY

Basmati rice, peas, naan bread, mango chutney..... **\$8 per portion**

Meat Lasagna

FREEZER FRIENDLY

Rich beef bolognese, layered with spinach, ricotta & mozzarella, served with garlic & herb toasted baguette
..... **\$8 per portion**

Braised Short Rib

GLUTEN FREE (EXCEPT GRAVY), FREEZER FRIENDLY

Glazed potatoes, roasted vegetables, gravy
..... **\$12 per portion**

Chicken Pot Pie

FREEZER FRIENDLY

Roasted chicken, butternut squash, peas and carrots in a flaky pastry **\$9 per portion**

Night On The Town...At Home

Applewood Smoked Salmon

GLUTEN FREE

Roast corn sauce, warm potato salad, grilled zucchini
..... **\$15 per portion**

Flank Steak

FREEZER FRIENDLY

Whipped potato, roasted vegetables and creamy mushroom ragout **\$15 per portion**

Salads

Sprouted Lentil Salad

GLUTEN FREE, VEGETARIAN

Grilled radicchio and kale, baby frisse, puffed quinoa, toasted sunflower seeds, cucumber, tomato, fresh basil, roasted cashew vinaigrette **\$7 per portion**
Grilled Chicken (3oz) **\$5**
Seared Tofu (3oz) **\$4**

Menu continues on next page...

Soups & Stews

Roasted Butternut Squash

GLUTEN FREE, VEGAN, FREEZER FRIENDLY

Coconut milk, apple, ginger **\$10 per litre**

Cream of Mushroom Soup

VEGETARIAN, FREEZER FRIENDLY

Roasted wild mushrooms, fresh thyme, brandy cream **\$10 per litre**

Beef Stew

FREEZER FRIENDLY

Braised beef and turnips in a rich gravy with pearl onion and carrots **\$12 per litre**

Soup of the Day

Ask us what is currently available.

Varieties change weekly. **\$9 per litre**

Desserts

Apple Crumble (SERVES 2)

Apples, cinnamon, brown sugar crumble **\$6 each**

Sweet Georgia Browns

GLUTEN FREE, VEGETARIAN

Roasted pecans, caramel, and milk chocolate, pack of 3 **\$9/package**

Pumpkin Tarts

VEGETARIAN

Cinnamon mascarpone and demerara crackle **\$3 each**

Salted Caramel Squares

VEGETARIAN

Shortbread, chewy caramel and dark chocolate with a touch of sea salt **\$4 each**

Menu continues on next page...

SAFETY NOTE:

For your safety, delivery drivers will be taking extraordinary caution upon delivery during the COVID-19 pandemic.

In addition to our already robust sanitization standards, our drivers will be sanitizing their hands between deliveries. Upon arrival, we will be phoning customers to notify them that their order has been left at the door (unless the order contains alcohol).

Local Libations

Beer & Cider

Phillips Blue Buck	6 Pack – \$18
Phillips Pilsner	6 Pack – \$18
Rock Creek Apple Cider	6 Pack – \$18
SeaCider	750ml Bottle – \$19

White Wine

Mission Hill 2018 Estate Series Chardonnay	750ml Bottle – \$24
Mission Hill 2018 Estate Series Sauvignon Blanc	750ml Bottle – \$24
49 North White	750ml Bottle – \$18
Prospect 2018 Sauvignon Blanc	750ml Bottle – \$19
WineMakers Rosé	750ml Bottle – \$18

Red Wine

49 North Red	750ml Bottle – \$18
Prospect 2018 Merlot	750ml Bottle – \$19
Corcelettes 2017 Pinot Noir	750ml Bottle – \$35

Bubbles

Perseus Star Struck Frizzante	750ml Bottle – \$25
Pergolo Prosecco	750ml Bottle – \$29

Spirits

Ampersand Vodka	750ml Bottle – \$48
Empress Gin	750ml Bottle – \$58
Devine Honey Shine Silver	750ml Bottle – \$50

Cocktail Kits

White Sangria: berries, white grape juice, and sprite with a bottle of white wine	\$22
Red Sangria: grapefruit, orange and lime coins, macerated cherries, orange juice and a bottle of red wine.	\$25

Must be 19 years of age or older to order.
Two pieces of identification will be checked
at the time of delivery (one government
issued photo ID)

Beverages

Soft Drinks (355 ML)

Coca Cola, Diet Coke, Sprite, Soda, Ginger Ale, Tonic, Fresca	\$1.25 each / 6 for \$6
--	--------------------------------

Juice (355 ML)

Orange, Apple	\$1.75 each
-------------------------	--------------------

Iced Tea (355 ML)

Nestea Lemon	\$1.75 each
------------------------	--------------------

San Pellegrino (330 ML)

Blood Orange, Limonata, Aranciata, Orange . . .	\$2 each
---	-----------------

